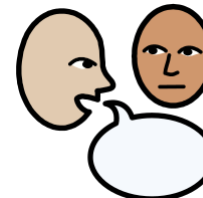




feel

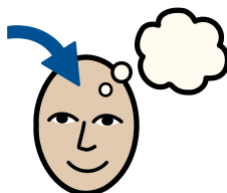


talk



Post-Incident Learning Support Pack

Produced by
the HDFT NHS
Speech and
Language
Therapy Service



learn



communicate

In
Collaboration
with The Forest
School,
Knaresborough



did not
listen



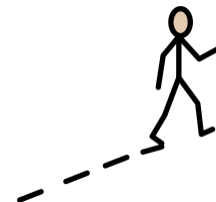
made silly
noises



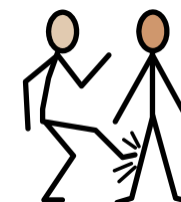
shouted at
someone



rude to
someone



walked off



kicked



called
someone a
bad name



scribbled on
my work



what
happened?



ripped my
work



hit



told to
stop



threw
something



broke
something



swore at a
teacher



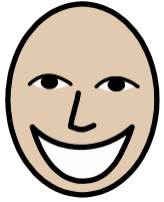
swore at a
friend



hurt
someone



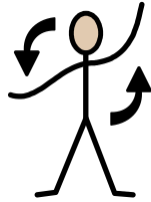
something
else



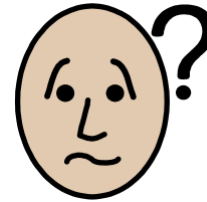
happy



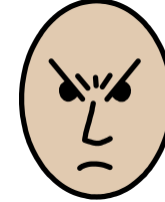
worried



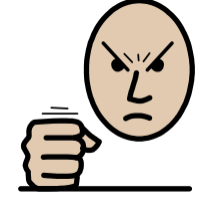
fidgety



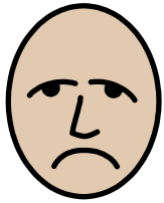
confused



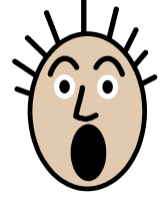
angry



frustrated



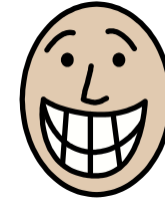
sad



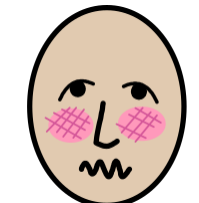
scared



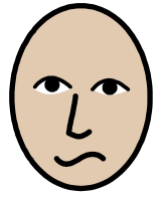
How were
you feeling?



excited



embarrassed



OK



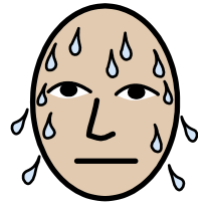
silly



distracted



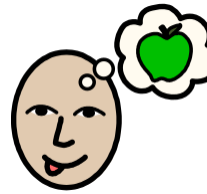
In pain



hot/sweaty



giggly



hungry



not okay

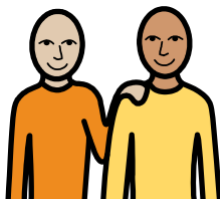




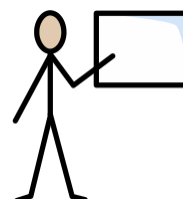
bus
driver/escort



me



a friend



a teacher



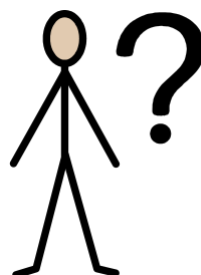
school



taxi
driver/escort



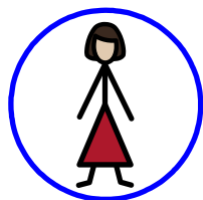
my family



Who was
involved?



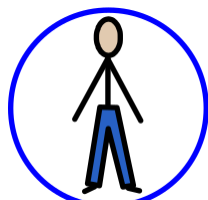
boy



my mum



girl



my dad



group



man



woman



silly



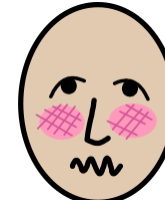
sad



sorry



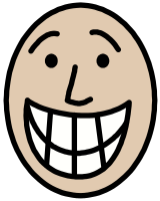
bad



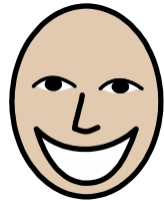
embarrassed



frustrated



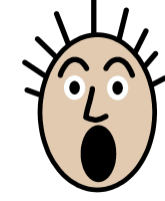
excited



happy



How are you
feeling now?



scared



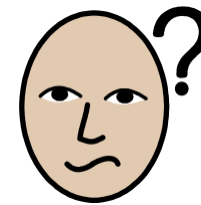
in pain



good



worried

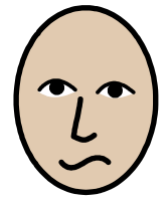


unsure

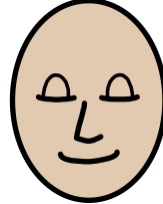


ill


Harrogate and District
NHS Foundation Trust



OK



calm



better



something
else

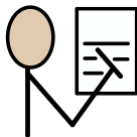
 **The Forest School**
Every Child, Every Chance



eat a
snack



write it
down



write a
letter



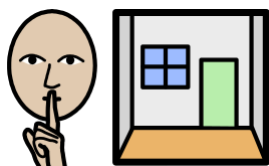
talk with
someone



say sorry to
someone



have a
drink



quiet room



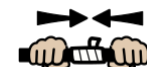
What needs
to happen to
put it right?



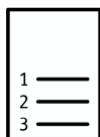
time out



draw



fix
something



make a
plan



make a
change



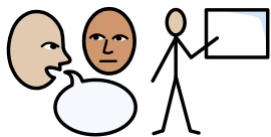
make good
choices



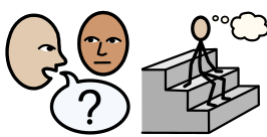
something
else



ear
defenders



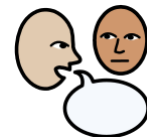
Talk to a
teacher



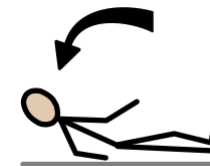
Ask for
time out



Fiddle with
something



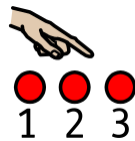
Talk to
someone



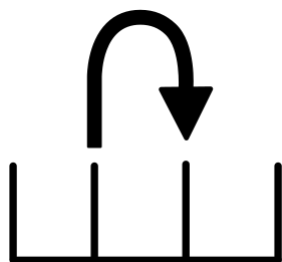
lie down



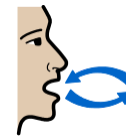
movement
break



Count to
10



Next time I
could...



Take deep
breaths



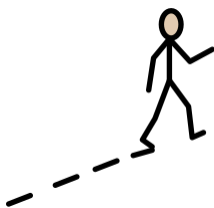
Play with
someone
else



Sit next to
someone
else



Harrogate and District
NHS Foundation Trust



Walk away



Make a
change



Ask for
help



something
else

