

## SPORTING INFLUENCE

Improving Social Skills Through Sport

## PE With Mr Crooks

This term Mr Crooks has continued to teach Owls. Starlings, Ravens, and Eagles, with all four classes developing their football skills. Throughout the first Spring term, the children were exploring technical skills, such as dribbling, passing, and shooting, as well as ball control through kick up challenges.

All children then transferred these skills into small-sided matches, where the focus was on tactical skills. We focused on key formations used in football and how effective each position can be. All four classes loved applying their skills and knowledge into the games.

## PE With Mrs Wilcox

Mrs Wilcox has taught Ravens and Herons on a Thursday afternoon. The first part of the term the classes completed a gymnastics unit. Ravens showed great creativity exploring hand held apparatus as part of their sequences. The equipment included hoops, balls and ribbons and were included in rolls, balances in pairs and small groups. Herons focused on perfecting the key elements, rolls, balance and jumps. They also then created and performed sequences in pairs and small groups.

After half term we turned our attention to Tchoukball. A sport started in Switzerland. It uses elastic frames to score points and it is great for developing core physical skills. It is also great fun!

After school club has been gymnastics for year 1 and 2. The children have been so enthusiastic and have loved developing their skills rolling, jumping and balancing. They have been a pleasure to teach.



Hand held apparatus used In Gymnastics.



Herons and Ravens have enjoyed learning the skills used In Tchouckball.







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