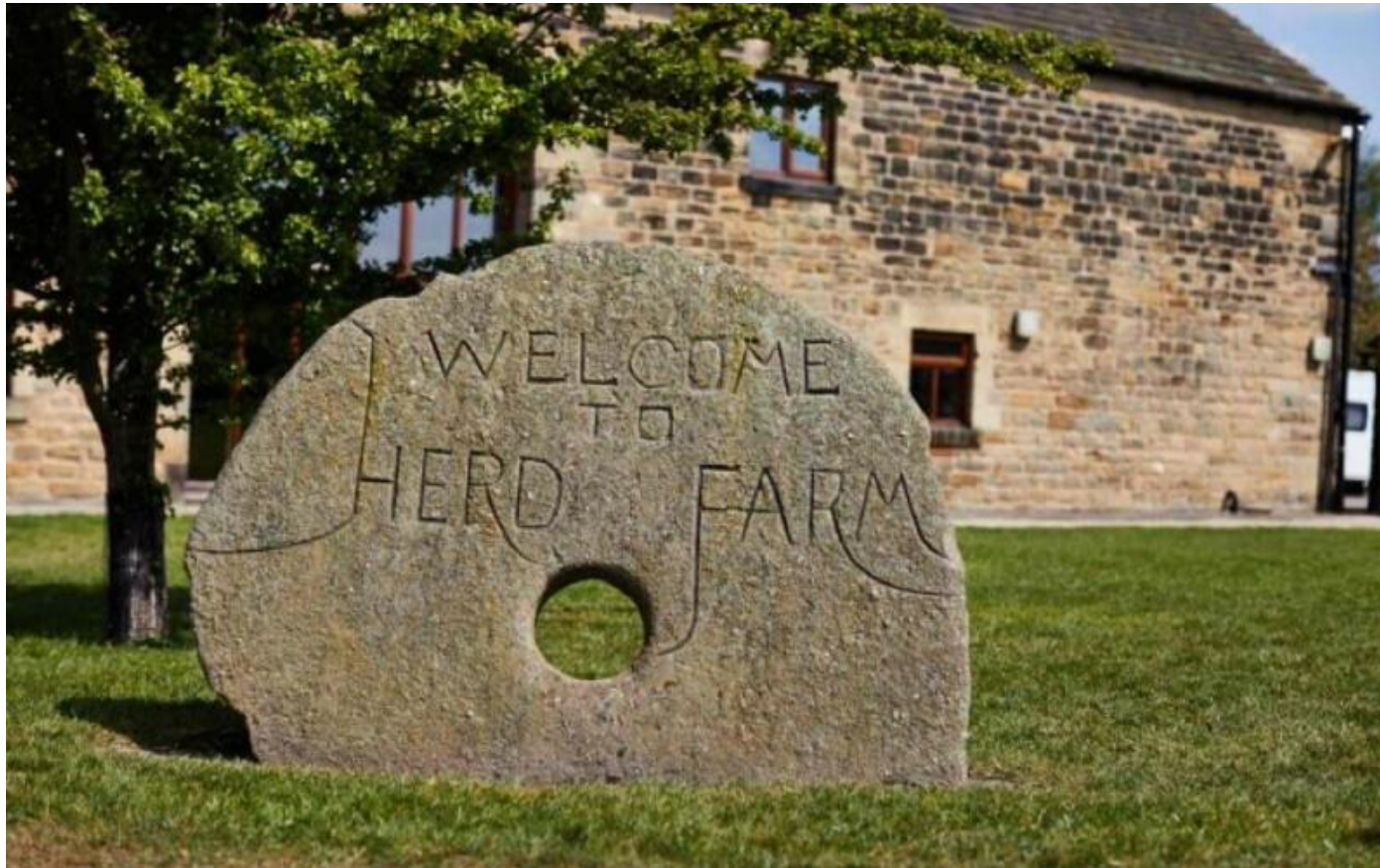
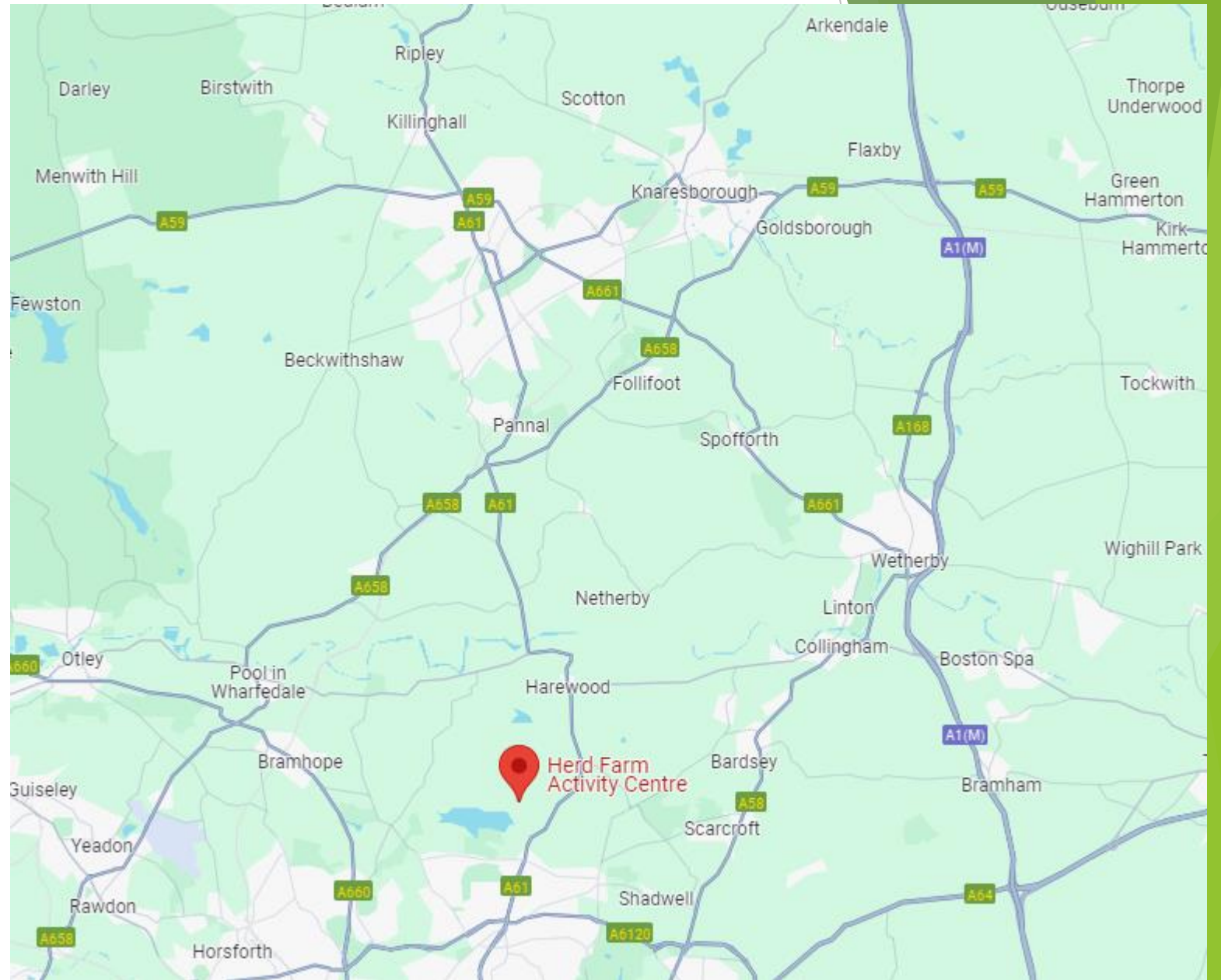


Year 4 Residential to Herd Farm

Tuesday 7th May - Wednesday 8th May 2024



- ▶ Situated approximately 30 minutes from school
- ▶ On 16 acres of land
- ▶ Used to be a working farm with now no animals but still a hive of wildlife to explore!



This is the main building where the children will eat their meals, have downtime and sleep.



- ▶ Single sex dorms
- ▶ Staff staying in rooms nearby and fully accessible through the night if needed.
- ▶ Room sizes sleep between 4 and 10 children in bunk beds
- ▶ Children will be asked who they'd like to share a room with ahead of time and will be guaranteed at least one of their choices.
- ▶ Separate bathrooms for boys/girls





All meals will be provided by Herd Farm's on site chef and a range of choices will be given in order to (hopefully!) suit all tastes.



Activities - Archery

Children are taught how to hold and shoot a bow and arrow and then have the opportunity to play some target style games.

Curriculum Links:

- ▶ Numeracy
- ▶ Literacy
- ▶ Science
- ▶ History



Activities - Crate Stack

The children will work in pairs to build and climb a tower of crates, supported by belay ropes. Build as high as you can before the inevitable collapse!

Curriculum links

- ▶ Literacy
- ▶ Science
- ▶ Team Work
- ▶ Resilience



Activities - Bush Craft

The children will be fire lighting and shelter building. Following demonstrations, participants work in small groups to source their own tinder and kindling material, before going on to build, light and sustain a small fire. Groups also have the opportunity to work together to build shelters from natural materials sourced on site.

Curriculum links

- ▶ Maths
- ▶ Science
- ▶ Environmental
- ▶ Problem Solving
- ▶ History



Activities - Night Line

Participants are blindfolded and feel their way along the course whilst also feeling for obstructions on the ground and in the air. Experience sensory deprivation and learn to build trust in oneself. Great fun as a sense of isolation for the participant can take over. Face that challenge!

All activities are led by Herd Farm staff who are experienced and skilled in outdoor education. St Peter's staff will also be there and taking part in activities.



Itinerary - Tuesday 7th May

- ▶ 8:45am - Arrive at school at normal time dressed for outside activities.
- ▶ 9am - Register children
- ▶ 9:30am - Leave school
- ▶ 10am - Arrive at Herd Farm - welcome briefing/make beds
- ▶ 12:30pm - Lunch
- ▶ 2pm - Activities
- ▶ 5pm - Dinner
- ▶ 7pm - Night Walk
- ▶ 9pm - Bedtime

Itinerary - Wednesday 8th May

- ▶ 8:30am - Breakfast
- ▶ 10am - Activities
- ▶ 12:30pm - Lunch
- ▶ 2pm - Leave Herd Farm
- ▶ 2:30pm - Arrive back at school. Children can be collected at this early time if you would like but reflection activities will be provided in school until 3:15pm as normal for those not able.

Updates while we are on the trip

- ▶ We know it is very reassuring to hear from us while we are away so that you know the children are happy and having a great time.
- ▶ Of course, our main priority as staff will be the children, however we will send updates as often as we can via email, our St Peter's social media pages and the news section of our website.



What to bring

- ▶ A small suitcase/holdall (Make sure children can manage these independently on the short distance from the coach to site)
- ▶ Warm outdoor clothes and suitable footwear - walking boots/sturdy waterproof trainers
- ▶ Change of clothes and shoes for use indoors - e.g. clean trainers
- ▶ Pyjamas
- ▶ Towel and toiletries - no aerosol deodorants please
- ▶ Bin bag for muddy clothes/shoes
- ▶ Torch/headtorch for night walk
- ▶ Book/notebook/card game - quiet activity for the evening
- ▶ Please ensure every item of clothing is named and encourage the children to help pack their bags so they know what they are bringing

What to bring

A small day rucksack including:

- ▶ Water bottle
- ▶ Weather dependent clothing- hat/suncream, waterproof coat/gloves etc

Items NOT to bring

- ▶ Any electrical devices including phones, kindles, tablets etc.
- ▶ Camera
- ▶ Money
- ▶ Food

Medical/Dietary Information

- ▶ Medical forms will be sent out in paper form - this includes info such as allergies and medications
- ▶ All medications need to be named and handed to Mrs Henderson on the morning of the trip an accompanying form (you can fill in on the morning of the trip) stating when and how to be administered.
- ▶ Children are not permitted to carry own medications, even inhalers as they will be accompanied by a St Peter's adult at all times.

Any Questions?

- ▶ If you have any questions regarding details of the trip, please contact Mrs Henderson.
- ▶ If you would like to discuss financials of the trip, please speak to our office team, we think the trip is invaluable and would love every child to take part.