Supporting families with the increased cost of living

Food

Resurrected Bites

- Resurrected Bites is a Harrogate and Knaresborough based community organisation aiming to reduce food waste and food poverty.
- They run "Give As You Can" cafes and shops at:
 - o Gracious Street Methodist Church in Knaresborough on a Friday and at
 - West Park United Reformed Church in Harrogate on a Wednesday.
 - These are open to everyone. Make a donation of what you feel the food is worth or what you can afford to help cover running costs.
- They also run a community groceries scheme with bases in Harrogate and Knaresborough which is solely for people in food poverty. These are run through a subscription scheme and are for people who are in financial hardship.

Harrogate District Foodbank

- Provide three days' nutritionally balanced emergency food and support to local people who are referred to them in crisis.
- Foodbank vouchers can be provided by a wide range of professionals who identify people in crisis including social workers, GPs and police.
- About | Harrogate District Foodbank
- harrogatedistrict.foodbank.org.uk

Furniture

Essential Needs or St Michaels hospice offer second hand furniture at a much lower cost.

Essential Needs

- Supports those in furniture poverty within the Harrogate community.
- Aim to sell quality, affordable furniture, white goods and household items to people in the Harrogate Borough, particularly those most in need.
- Home Essential Needs
- essentialneeds.org.uk

St Michael's Hospice House and Home furniture shop

- House and home furniture shop
- Saint Michael's Hospice (saintmichaelshospice.org)
- saintmichaelshospice.org/stores/househome

Clothing

Harrogate Clothes Bank

- Offers free good quality preloved clothes to people in need.
- Open to everyone everything supplied is free, no proof of income or referral is required
- Welcome to Harrogate Clothes Bank Free clothes, shoes and bedding
- harrogateclothesbank.co.uk

<u>Fuel</u>

Warm and Well North Yorkshire

- Provide practical solutions to reduce fuel poverty and support to help people remain warm and well in their homes.
- Referrals can be made if people are living in or at risk of a cold home, struggling to pay their energy bills, or worried about winter. Referrals can be made by the person themselves or a professional.
- Warm and Well > Home
- warmandwell.org.uk

Housing

Harrogate Borough Council (HBC)

- HBC coordinate housing and can be contacted for homelessness support and support to
 access council housing via an application form and waiting list. They also offer bond and rent
 schemes.
- Homelessness Harrogate Borough Council
- www.harrogate.gov.uk

Citizens Advice

- Provide free, confidential and impartial information and advice on a range of issues including money, benefits, housing and employment.
- Their goal is to help everyone find a way forward, whatever problem they face.
- North Yorkshire Citizens Advice & Law Centre (cany.org.uk)
- www.cany.org.uk