



SPORTING INFLUENCE

Improving Social Skills Through Sport

PE with Mr McTernan

We've had some busy Tuesday mornings this term, started way back in September where all the Infant children trained to be knights.

Alongside Mr McTernan, we worked through the Knight's Alphabet – each letter representing a skill or attribute the children had to show to pass the training.

- Children had opportunities to work on individual skills as well as demonstrating good teamwork.
- Starling Class was introduced to Hockey and looked at dribbling, passing and shooting in their sessions.

After October half term, Infants moved onto some Real PE topics and trained as clowns before heading to the seaside, this included:

- 'Clowning Around' and worked on ball manipulation challenges.
- We then went to the seaside to practice some counterbalances with our 'perfect partners'.

Starling got to show off their gymnastic abilities which has included:

- Developing routines to include pathways and hand apparatus such as hoops and balls.

Have a lovely Christmas holiday – enjoy some quality family time!



We finished our Knights' training with a game of 'Defend the Castle'!



Reception children made great clowns.



To find out more visit:
www.sportinginfluence.com