WEEK 2	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ΜΑΙΝ ΔΙΣΗ	Margherita pizza with baked potato wedges	Beef meatballs with wholemeal pasta	Roast chicken with new potatoes & gravy	Toad in the hole served with mashed potato	Crispy battered fish & chunky chips
σεγεταριαν Μαιν διση	Roasted vegetable pizza	Vegetarian pasta bake	Quorn™ fillet with roast potatoes & gravy	Quorn™ 8 tomato bake with mash potatoes	Crispy vegetable fingers with chunky chips
AXXOMΠANIMEN 5	Peas & sweetcorn Salad bar	Green beans & cauliflower Salad bar	Carrots & parsnips Salad bar	Baked beans & broccoli Salad bar	Peas & baked beans Salad bar
ΔΕΣΣΕΡΤΣ	Pb Flapjack	Plain muffin	Fruit pie & custard	Chocolate sponge	Apple 8 oat cookie
ΦΡΕΣΗ ΦΡΥΙΤ ορ ΨΟΓΗΥΡΤ	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
θαχκετ ποτατο ανδ σανδωιχη σελεχτιο		Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

Try something NEW today... Variety is key to a healthy diet.















