


WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Chilli con carne with rice	Crispy chicken wrap with savory rice & corn	Roast Gammon, Roast Potatoes & Gravy	Chicken korma with brown rice	Fish of the day with chips
<b>VEGETARIAN MAIN DISH</b>	Quorn chilli con carne with rice	Breaded Quorn fillet wrap with savory rice & Corn	Mac 'n' Cheese	Vegetable stir-fry	Quorn dog with chips
<b>ACCOMPANIMENTS</b> 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
<b>DESSERTS</b>	Chocolate sprinkle cake	Lemon drizzle cake	Crispie cake	Fruit crumble and custard 	Ice cream tubs
<b>FRESH FRUIT OR YOGHURT</b>	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



# MENU



Quench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE