

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Spaghetti bolognese	Aromatic chicken katsu curry & rice	4oz beef burger with fries	Piri Piri chicken & rice	Fish of the day with chips
VEGETARIAN MAIN DISH	Roast tomato pasta bake	Quorn chicken tikka masala with rice	Breaded vegetable burger with fries	Falafel, savory rice & lettuce wraps	Quorn sausage with chips & beans
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Chocolate cake & custard	Carrot and orange cake	Apple crumble & custard	Mint choc chip cookies	Vanilla sponge & custard
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Variety is the key to a healthy diet. try something new today!

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE